

July 2020

OPDC

OAKLAND TOGETHER

A Newsletter for
Older Oakland Residents



Stay Cool!

Feeling the heat? The City of Pittsburgh's cooling locations are closed due to the Covid-19 pandemic, but there are a few things you can do to cope:

- Drink plenty of water
- Keep yourself cool by using cool towels, putting your feet in cold water, and taking cold showers
- Block out the sun at home during the day by closing the blinds, and open your windows when there is a cool breeze
- If you do have to go outside, wear a hat and sunscreen, and seek shade
- Wear light-colored, loose-fitting clothing made from natural fibers
- Avoid heavy activity like renovating, gardening, and exercise during the hottest part of the day

(Courtesy of Allegheny County Department of Health and Human Services)

Pittsburgh and Allegheny County Housing Assistance Programs

Pittsburgh and Allegheny County offer a variety of housing assistance programs that can cover rent, utility, legal, and mortgage costs, as well as **emergency relief** to prevent eviction. They also offer a Landlord-Tenant mediation program that is free, confidential, and voluntary: this program helps people find solutions to housing disputes.

To learn more about these programs, please call **Alethia** at 412-592-6488.

Meet OPDC's Community Services Team

Andrea Boykowycz

Community Services Director
412-621-3821 x17

Alethia Bush

Supportive Services Case Manager
412-592-6488

Camille Dixon

Financial Coach
412-426-5212

Liz Gray

Neighborhood Quality Consultant
412-282-3894

Jarrett Crowell

Community Outreach Consultant
412-568-3882

An Evening of Oakland Storytelling

Thursday, August 13 at 7pm

Join us August 13 for the remote presentation of **An Evening of Oakland Storytelling**, featuring stories from Ty Williams, Laura Zurowski, and Sierra Sellers – who will also perform songs from her latest ep, *Ophelia*.

Now in its fifth year, **An Evening of Oakland Storytelling** is our signature fundraiser. All event proceeds support OPDC's work in the community, including after school programming, affordable housing, career and financial coaching, and so much more.

Please show your support for OPDC with a donation today.

For more information, including the registration link, visit www.bit.ly/oaklandstorytelling2020 or call Andrea at 412-621-3821 x17.



Oakland Planning
and Development
Corporation

235 Atwood Street
Pittsburgh, PA 15213

NONPROFIT ORG.
U.S. POSTAGE
PAID
Pittsburgh, PA
PERMIT NO. 1565

Visit our website for complete information on OPDC's community activities and projects:
www.opdc.org

Covid-19 Testing

Allegheny County COVID-19 cases have been climbing lately, but testing is still not available to everyone. Most testing options in and around Pittsburgh require advance appointments, and some require a note from a physician, but others accept walk-ups.

If you would like to learn more about testing sites near you that fit your current situation, please call Jarrett at 412-568-3882.

Hot Meals!

Community groups have joined together to provide free hot meals in South and West Oakland every week. For more information or to request a delivery, please call Jarrett at 412-568-3882.

South Oakland

Frazier Fieldhouse (3716 Frazier St.)
Tues & Thurs 3–5 p.m.; Sat 12–2 p.m.

West Oakland

Friendship Community Church
(181 Robinson St.)

NOTE NEW TIME! Thursdays 3–5 p.m.